TRAINING SCHEDULE

For Juniors the Age is at the 1st September 2023

			Training Location	
Age Group	School Year	First Session	& Day	Time (pm)
All Stars			Goodwood	
(mixed)	Years 1, 2 & 3	26th April	(Friday)	5.00 to 6.00
U9 & U10			Goodwood	
(Mixed)	Years 4 & 5	26th April	(Friday)	6.15 to 7.45
Dynamos			Goodwood	
(Girls only)	Years, 4, 5 & 6	22nd April	(Monday)	5.30 to 6.30
			Westbourne	
U11 & U12			House School	
(Mixed)	Years 6 & 7	22nd April	(Mondays)	6.15 to 7.45
			Westbourne	
U13 & U14 &			House School	
U15 (Mixed)	Years 8 & 9 & 10	24th April	(Wednesday)	6.15 to 7.45
			Oakwood School	
Girls Hardball	Years 7,8 & 9	25th April	(Thursday)	5.45 to 6.45
U16, U17 &				
U18 & Senior			Priory Park	
(Mixed)	Years 11, 12 & 13	25th April	(Thursday)	6.15 to 7.45
			Goodwood	
Senior Women	Age 14 to Adult	22nd April	(Monday)	6.30 to 8.00
Senior 1st &			Goodwood	
2nd XI		11th April	(Tuesday)	6.15 to 7.45

Notes and Exceptions

Dynamos will move to another venue on the 1st July

Girls and Women Training will move to another venue on the 1st, 8th, 15th and 22nd July All Stars & U9/U10 training will move to Priory Park on the 5th July

Senior Tuesday night training at Goodwood will move to alternative venues during FOS w

Last Session

5th July

5th July

1st July

8th July

10th July

11th July

End of Season

End of Season

End of Season

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